



The Journey" The Story of Omar

In response to the troubling signs of mental health challenges in the African-American community. In 2007, Brenda Wesley developed a mental health outreach called, "ASK" (Access, Support, and Knowledge) specific to the needs of the African American community. The program was originally formed in partnership with the National Alliance on Mental Illness (NAMI) of Greater Milwaukee. ASK is designed to educate the community and work to provide access to care for those in need.









Brenda Wesley is a trained mental health educator and facilitator who has conducted numerous A.S.K. presentations and is the creator of the production "PIECES in Our Own Voice" presented throughout Milwaukee and neighboring counties. Brenda's unique perspective is firsthand from her two family members' lived experiences with mental illness. Brenda has used this platform to advocate for those without a voice. After fourteen years as the Outreach and Education Director for NAMI, she successfully started her own mental health consulting agency, Pasch & Wesley, and has recently started a non-profit with her nephew Staying on Track Inc. Brenda has extended her service to the Milwaukee Mental Health Task Force, Milwaukee County Mental Health Board, and Executive Director of MIRACLE Inc. Brenda Wesley's hard work, dedication, and perseverance as an advocate of mental health is profound. From here, the journey continues...

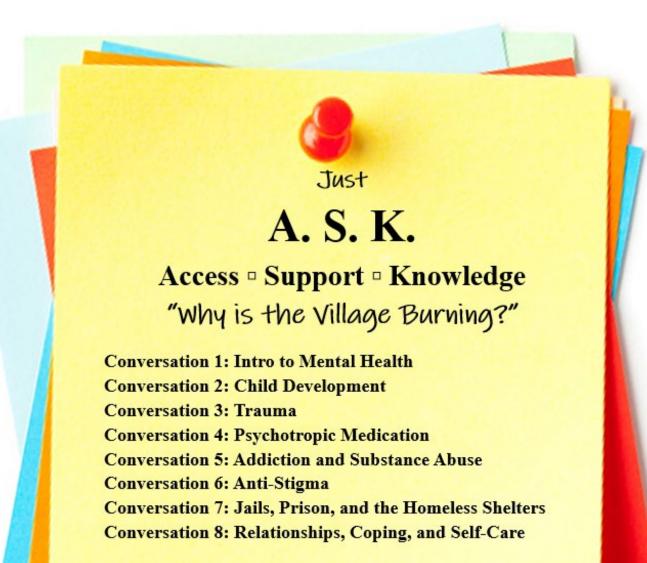
A.S.K. Consultants



Mary Neubauer is a respected leader, advocate and visionary in the mental health and recovery communities embracing four decades of sobriety. Mary is the **Production Coordinator of PIECES** - "In My Own Voice", a theatrical production depicting the lives of people living with a Mental Health Diagnosis or Substance Use Disorder. For the past 14 years Mary has been a Co-chairwoman of the Milwaukee Mental Health Task Force. Since it's inception in 2014 she has served on the Milwaukee County Mental Health Board now serving her second term as Vice-Chairwoman. Mary Neubauer has a Master's Degree in Social, Certified Peer Specialist 2006, and post Graduate Certificate in Trauma and Spiritual Care.

Terri Elizey, LPC, CSAC, is a part-time telehealth therapist under the Blueprint Counseling & Consultation LLC Services. Terri is currently pursuing her doctoral degree in Leadership for Change in Racial Social Justice at Fielding Graduate University. Terri has 29-years dedicated to working in Human Services across public and non-profit organizations in the Milwaukee area. Terri serves or has served on several community-based committees that include, the Mental Health Task Force Steering Committee, MHTF Culture Sub-committee, MIRACLE Inc. Board Member, SDC Poverty Summit Planning Committee and Presenter, Milwaukee County Criminal Justice Counsel, African American Roundtable (AART), and WISE Anti-Stigma Coalition with Rogers In-Health Presenter and Blogger.

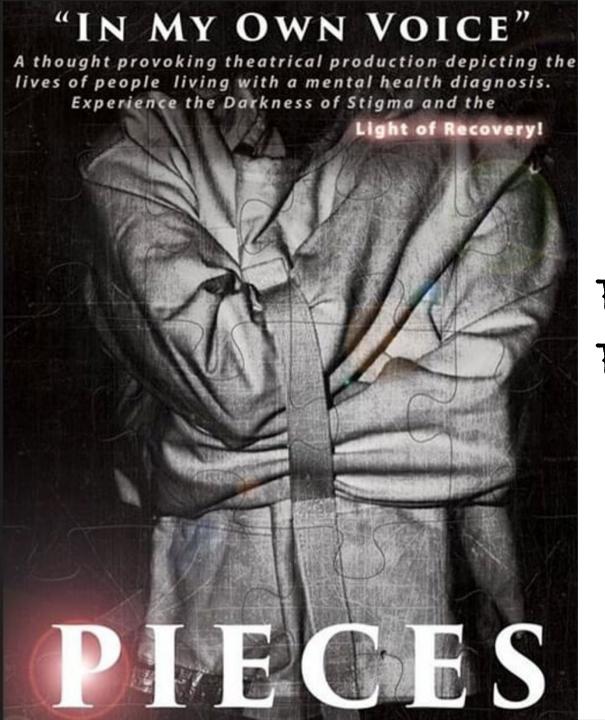




Staying on Track Inc.

Mental Health and Anti-stigma Outreach Program delivers eight additional Community-Based Mental Health Training.

Contact Staying on Track Inc. for more information biwescgc@yahoo.com



By Brenda Wesley

Funded by The Charles E. Kubly Foundation

& Supported by our community partners







Whatever it takes to Heal "OUR" Commun

Mary Neubauer, MSW, CPS
Trauma Consultant/Production Assistant

https://stayingontrackinc.org



