

Milwaukee Mental Health Task Force Agenda: Tuesday, January 9, 2024 \*\*\*VIRTUAL ONLY Due to Storm Advisory (zoom link in email notification)

1. Welcome and Introductions – Mary Neubauer and Christine Apple, cochairs and Steering Committee members (3 - 3:20)

Meeting Materials are posted on our website at this link: <u>www.milwaukeemhtf.org/2024/01/03/january-9-2024-milwaukee-mental-health-</u> <u>task-force-meeting/</u>

2. Staying On Track Program – Brenda Wesley and Terri Ellzey (3:20-3:55)

Brenda Wesley is a trained mental health educator and facilitator and the former outreach and education director at NAMI Milwaukee. Terri Ellzey is a licensed clinical counselor and substance abuse counselor. Both Brenda and Terri will give an overview of Staying On Track Inc. (SOT), a program dedicated to improving our community by empowering teens & adults to realize their full potential, and to uplift themselves out of the darkness of poverty. Staying On Track aims to educate and create public awareness regarding *mental illness/wellness* and *health.* 

**3.** Escucha Tus Emociones Campaign – Cecilia Tenorio, Community Advocates (3:55-4:30)

Cecilia Tenorio is a mental health and wellness coordinator and the organizer of Escucha tus Emociones. Escucha tus Emociones is a campaign that aims to reduce the stigma around mental and emotional health and provide tools, information and education that are culturally and linguistically appropriate for the Spanish-speaking community. It is a free community-based initiative and in addition to creating bilingual and culturally appropriate digital materials, it is intended to support health promoters, community leaders and health professionals so that they have the capacity and resources to share mental and emotional health information in the community.

- **4.** Highlights for Feb MHTF Black History Month Mary Neubauer (4:30-4:40)
- 5. Mental Health Board Updates Mary Neubauer (4:30-4:55)

## 6. Save the Date!

Our February 13 meeting will feature the Ko-Thi Dance Company to celebrate Black History Month. More details forthcoming.

## **MEETING GROUND RULES FOR HYBRID MEETINGS**

Thank you for joining us! We have revised these rules for our hybrid format:

## **Zoom participants:**

- Please share any questions or tech issues in the chat. We will monitor the chat and do our best to be responsive.
- Please remain muted to minimize background noise for others.
- Auto-captioning is provided. You may turn captioning on or off. Click on the ^ symbol next to the CC Live transcript button if you want to hide subtitles, or to view the full transcript.
- At the top of your video screen you can choose between speaker view or gallery view whichever you prefer.

## **All Participants:**

- We hope to have time after each speaker for a few questions. Virtual participants: Use the chat feature to type your questions. In person participants: raise your hand. We will answer as many as we can. We will try to first ask the questions from virtual participants.
- Sign language interpreters are provided at most meetings. If you need assistance accessing the interpreter, put your request in the chat. Speakers, please say your name before you speak to help with accessibility