VA MENTAL HEALTH PROGRAMS

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COMPREHENSIVE SERVICES

- Immediate Mental Health Access Clinic (IMHAC) & Emergency Department
 - Walk-in basis
- Outpatient Mental Health
- Acute Mental Health (Inpatient Program)
- Homeless Prevention Programs
- Residential Rehabilitation Program
- Vocational Rehabilitation Services

OUTPATIENT MENTAL HEALTH

Walk-in Clinic (Immediate Mental Health Access Clinic)

Primary Care – Mental Health Integration

Specialty clinics:

- Gero-psychiatry
- Substance Use
- PTSD
- Serious Mental Illness
- Women's Mental Health
- General Outpatient Mental Health

Milwaukee, Green Bay, Appleton, Cleveland (WI) & Union Grove

ACUTE MENTAL HEALTH

- Inpatient Mental Health Unit:
 - 34 inpatient hospital beds
 - Safe environment for crisis management, suicide, detox, psychosis
- Neuropsychology consultation
- Psychiatry consultation throughout the hospital
- Follow up from discharge by Outpatient, Vocational, Homeless prevention and Residential programs

HOMELESS PREVENTION

- Housing and Urban Development/VA supportive housing vouchers (HUD/VASH)
 - Nearly 1000 voucher providing housing for Veteran in apartments
 - Soldiers Home provides for 100 Veterans
- Transitional Housing (Grant and per diem): Vets Place Central, Union Grove
- Healthcare for Homeless Veterans program
- Veteran Justice Outreach programs

RESIDENTIAL REHABILITATION

125 beds in a domiciliary setting

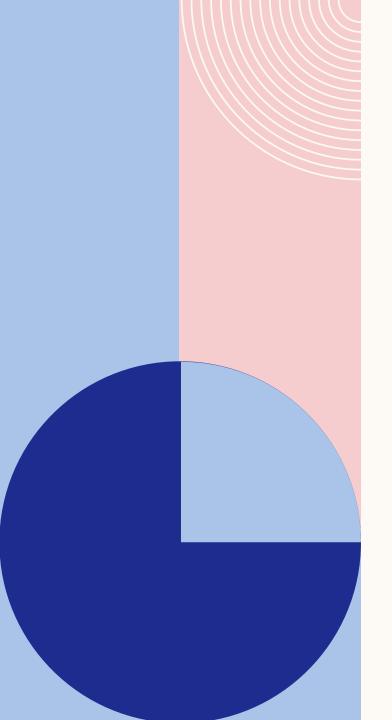
- PTSD
- General Mental Health (Depression/Anxiety)
- Substance Use Disorders
- Homelessness
- Women's program
- Specialized Addiction/Serious Mental illness program

VOCATIONAL REHABILITATION SERVICES

- Compensated Work Treatment
- Supported Education Program
- Transitional Residence (9 beds housing for working Veterans)
- Community Based Employment Services (CBES)
- Supportive Employment
 - Substance Use Disorder
 - Serious Mental Illness
 - Traumatic Brain Injury

WOMEN'S MENTAL HEALTH

- Primary Care Mental Health Integration
 - Psychologist in women's clinic: Dr. Kirsten Schmidt
 - Short term, solution focused therapies
- Women's Resource Center
 - Stand alone building to limit barriers to care (not in main hospital, primarily female providers in building)
 - 1:1 and group therapies to address Depression, PTSD, MST, anxiety, life changes
- Residential Rehabilitation
 - Women's programming, some mixed gender groups



HOW DO WE ACCESS CARE?

Primary care providers can be a great first step

- Primary care providers can connect veteran's with PCMHI provider or can place consults for specialty programs
- PCMHI is available for same day access

Veterans can also present to IMHAC (0800-1600) or ED for any emergent concerns

- This can include safety concerns, establishing medication regimen
- Will also include plan for follow up with appropriate level of care
 - Ex: continued follow up with psychiatry, referrals for group or 1:1 therapies

COMPACT ACT



Section 201 of <u>COMPACT Act</u> states VA will provide, pay for and reimburse for emergent suicide care for eligible individuals at VA medical facilities and at non-Department facilities



Eligible individuals include Veterans regardless of VA enrollment status who meet the statuary criteria (including OTH, MST, etc.)



Emergent suicide care includes inpatient or crisis residential care for no more than 30 days and outpatient mental health care for no more than 90 days. Medical care associated with the emergent suicide episode will be provided. If the individual remains in acute suicidal crisis, extensions may be provided



VA will ensure eligible Veterans are not financially responsible for costs associated with emergent suicide care, including emergency transportation

RESOURCES

- VA Emergency Care Website: <u>Emergency Medical Care</u> -<u>Community Care (va.gov)</u>
- VA Centralized Emergency Care Reporting Center
 - VA 72-Hour Notification Hotline: 1-844-724-7842
 - VA Emergency Care Reporting Portal
 <u>Veterans Health Administration Community Care</u>
 (va.gov)
- VA Compact Act Fact Sheet: <u>FactSheet 20-48.pdf (va.gov)</u>
- VA Facility Locator: Find VA Locations | Veterans Affairs

QUESTIONS?

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