

The Milwaukee Mental Health Task Force is the voice of the community on issues related to the quality and responsiveness of mental health and substance abuse disorder services.

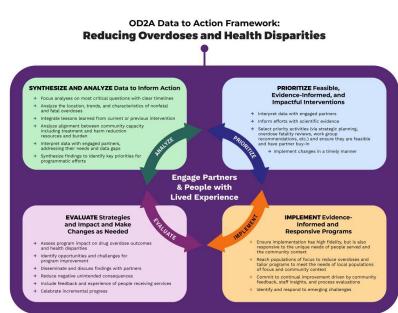
### Mental Health Task Force Recovery Month Resources 2023

### **General Information**

- September is Recovery Month <u>Recovery is for Everyone</u> Please visit Faces and Voices of Recovery for event materials to celebrate this important month. Consider adding your agency's events to the national calendar. Also, visit SAMHSA's <u>Recovery Month Toolkit</u> for additional resources.
- National Prescription Drug Take Back Day is October 28, 2023. Please check both the <u>DEA</u> and <u>Take Back</u> <u>Day</u> websites for resources.
- Department of Health and Human Services <u>HHS Overdose Prevention Strategy</u>: Information, strategies, data, and funding opportunities for Primary Prevention, Harm Reduction, Evidence-Based Treatment, and Recovery.
- CDC Overdose Data to Action (OD2A)
- Milwaukee County <u>Overdose Data</u> <u>Dashboard</u>
- The Power of Words in Behavioral Health: <u>Guide to Equity Terminology:</u> <u>Promoting Behavioral Health Equity</u> <u>through the Words We Use</u>
- Stigmatizing imagery for substance use disorders: a qualitative exploration
- <u>Best Practices for Recovery Housing</u> including National Association of Recovery Residences (NARR) four levels of housing.

#### Prevention

- RISE Drug Free MKE: <u>https://risedrugfreemke.org/</u>
- Blueprints for Healthy Youth Development: <a href="https://www.blueprintsprograms.org/">https://www.blueprintsprograms.org/</a>
- Partnering with Schools to Improve Youth Mental Health: National Council on Mental Wellbeing
- NIDA's "Red Book" on prevention principles: https://nida.nih.gov/sites/default/files/preventingdruguse 2.pdf
- NIDA also published a similar piece targeting <u>early childhood</u>:
- The Athena Forum State of Washington's Prevention: What Works and What Doesn't
- DEA Growing Up Drug Free: A Parent's Guide to Substance Use Prevention
- <u>Unleashing the Power of Prevention</u>
- <u>Social Development Strategy</u>
- <u>Rose's Theorem</u>



# **Harm Reduction**

- <u>National Harm Reduction Coalition</u>
- <u>SAMHSA Harm Reduction Framework</u>
- Safe Needle Exchange/Syringe Exchange Programs: <u>UMOS</u>, <u>Sixteenth Street</u> <u>Clinic</u>, <u>Vivent Health</u>
- Safer Use/Harm Reduction
- Never Use Alone, Inc.
- <u>Signs of an Overdose</u> Print materials, wallet cards, posters: English, Spanish, Hmong
- Xylazine 101
- The Everywhere Project. Tranq AKA Xylazine: A Field Guide for Support People Who Use Drugs: https://www.everywhereproject.org/ files/ugd/96ac8a e2e36b831e5843a48f19816b5e8b411d.pdf
- NASTAD. Wound Care & Medical Triage for People Who Use Drugs and the Programs that Serve Them: <u>https://nastad.org/sites/default/files/2023-04/PDF-Wound-Care-And-Triage.pdf</u>
- Available Xylazine Test Strips
  - o BTNX: <u>https://www.btnx.com/Product?id=2019</u>
  - DanceSafe: <u>https://dancesafe.org/xylazine-test-strips/</u>
- FDA Approves Second OTC Nasal Naloxone <u>RiVive</u>

# **Evidence-Based Treatment**

- <u>Wisconsin SUD Treatment Locator</u>
- Treatment for Individuals Who Use Stimulants TRUST Model
- <u>ASAM Clinical Considerations: Buprenorphine Treatment of Opioid Use Disorder for Individuals Using Highpotency Synthetic Opioids</u>
- Fentanyl Adulterated or Associated with Xylazine Response Plan <u>ONDCP</u>
- Alcohol deaths among women rise at a faster rate than men
- Supporting Pregnant and Parenting People with Substance Use Disorders Series
- NIH establishes <u>Maternal Health Research Centers of</u> <u>Excellence</u>
- <u>Tough as a Mother</u> Stronger than Addiction
- Incorporating Peer Support into SUD Treatment

#### Recovery

- Peer Recovery Center of Excellence
- <u>Wisconsin Voices of Recovery</u>
- <u>Wisconsin Peer Recovery Centers</u>
- Wisconsin Certified Peer Specialist
- Overview of CPS Requirements in Wisconsin
- Supporting and Building the Peer Recovery Workforce: Lessons from the Foundation for Opioid Response Efforts 2023 Survey of Peer Recovery Coaches
- <u>Recovery Community Organizations</u>
- <u>SAMHSA's Office of Recovery</u>



