#### BHS Access Clinic Overview – Updated 3/6/23

### **Description:**

Outpatient assessment, prescribing and service navigation/connection clinics

- Services co-located at:
  - Outreach Community Health Centers (OCHC)
  - Sixteenth Street Community Health Centers
  - Milwaukee Health Services, Inc.
- Service also provided at Progressive Community Health Centers
  - Team Connect/Resource Navigation Specialist
    - Team Connect receives referrals from PCP and Behavioral Health to assist individuals who are interested in long-term resource linkage (case management, etc.) and/or Certified Peer Support.

### **Eligibility and Who Access Clinic Serves:**

- Milwaukee County Residents
- Adults only (18yrs+)
- Those experiencing a mental health crisis who:
  - o do not have an established provider relationship or in active treatment with a provider
  - o are voluntary and wanting assessment
  - o are uninsured
  - o are insured (private insurance, Medicaid or Medicare) but
    - cannot afford co-pays or deductibles
    - cannot get an appointment time that meets clinical need

# **Scope of Services Provided**

## These include:

- Same day assessment:
  - o first occurring at 8:30 a.m. and last taken at 2:30 p.m.
- Assessments include the following:
  - Mental health assessments
  - Suicide screening
    - If clinically indicated full-risk assessment
  - Screening for substance use
  - Co-occurring assessment
    - substance use and mental health
- Individualized Treatment Team determined by clinical need which may consist of:
  - Licensed clinician, with therapeutic follow up as clinically indicated
  - Certified Peer Specialist (CPS)
  - Prescriber (psychiatrist and/or APNP)
- Psychiatric Evaluation and Med Management
  - o Provided by psychiatrists and APNP's
  - Uninsured clients can get medications at OCHC at either low cost, or no cost
  - o Insured clients are able to choose their own pharmacy, for a prescription to be sent to
- Facilitating linkage with longer term mental health, substance use disorder, medical and social support services, as well as case management programs

<sup>\*</sup>services are licensed as short term under Chapter 34 and not to exceed six months duration.

\*Access Clinic clinician can also facilitate connection with longer term mental health services, substance use disorder services, case management programs, as well as medical and social support services.

## **Access Clinics Do Not Provide:**

- Therapy exceeding six months
- Services to individuals under the care of a current provider or currently enrolled in programming such as CSP
- Med management exceeding six months
  - If clinically indicated, long term outpatient behavioral health can be referred to an area FQHC
- Involuntary emergency care
- Comprehensive AODA assessments (co-occurring and primary SUD)
  - If such a level of care is needed individuals can be referred to BHS CARS "Access Point" services

### **Other Information**

- Hours of Operation: M-F 8:00-4:30
  - o First assessment available at 8:30 a.m. and last assessment seen at 2:30 p.m.
  - Closed on major holidays (New Years Day, Memorial Day, Juneteenth, Fourth of July, Labor Day, Thanksgiving, and Christmas. If the holiday falls on a weekend, will follow federal holiday schedule for day off observed).
- Walk-In Based Clinic
- Team consists of MSWs, MA, MS, RN, NP, CPS, Psychologist and Psychiatrists
- Access Clinics utilize the Avatar EHR system