

COMPREHENSIVE COMMUNITY SERVICES (CCS)

RECOVERY STARTS WITH A CONNECTION



MILWAUKEE COUNTY
DEPARTMENT OF HEALTH
& HUMAN SERVICES
**BEHAVIORAL
HEALTH SERVICES**

MILWAUKEE COUNTY BEHAVIORAL HEALTH SERVICES

Empowering safe, healthy and meaningful lives by ensuring that everyone gets connected to great behavioral health care.

The Milwaukee County Behavioral Health Service (BHS) is the community's connection point to vital, high-quality behavioral health care. We provide care and treatment to adults, adolescents, and children with mental illness, substance abuse disorders and co-occurring illnesses.

It's in our DNA to constantly and courageously push for better in our community because everyone in Milwaukee County deserves access to behavioral health services that can help them and change their lives. Because every single person deserves access to compassionate, quality care, no matter their ability to pay.

milwaukee.gov/bhd



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WHAT IS THE COMPREHENSIVE COMMUNITY SERVICES (CCS) PROGRAM?

Comprehensive Community Services (CCS) is a voluntary psychosocial rehabilitative Medicaid program for eligible residents (children and adults) of Milwaukee County. CCS focuses on helping people who have a mental health and/or a substance use diagnosis on their journey to recovery.

Those who qualify for CCS work with care coordinators to design a recovery plan of their choice. Individuals can choose from a wide range of services and view our provider directory at milwaukee.gov/CCS, which is intended to help them:

- Improve health
- Promote wellness
- Achieve personal goals
- Enhance overall quality of life

HOW IS CCS ACCESSED?

Adults who are interested in the CCS program can contact the adult CCS Information/Referral Line at 414-257-6060. Families interested in services for their child or young adult can contact the youth CCS Intake Line at 414-257-7607. Individuals may also walk into any CCS branch office to request services. A list of current branch offices can be found at milwaukee.gov/CCS.



IS CCS THE RIGHT CHOICE?

Start by having the individual answer the following questions:

YES | NO

- ☐ ☐ Does the individual have Medicaid?
- ☐ ☐ Is the individual coping with a mental health and/or a substance use disorder?
- ☐ ☐ Does the individual (or their family, if the individual is a child) want help?
- ☐ ☐ Is the individual (or their family, if the individual is a child) ready to work with someone to develop a recovery plan and actively participate in the goals and services they choose?

If the individual answered “YES” to the questions above, CCS may be a good choice for them. For more information, the individual can call the CCS Information/Referral line at 414-257-6060.

WHAT ARE THE IMPORTANT HIGHLIGHTS OF CCS?

CCS offers a variety of unique rehabilitative services, including peer support, supported employment, nutritionists, and wellness activities such as yoga and meditation. More traditional services such as psychiatry, psychotherapy and medication management are also available. For a full list of services available, please visit our provider directory at milwaukee.gov/CCS.

- CCS participants are empowered to self-direct their own care and path to recovery.
- Individuals can be co-enrolled in Family Care and CCS.
- CCS serves any individual with a mental health or substance use diagnosis, regardless of any other condition that they may also have.

ARE THERE CCS LIMITATIONS TO BE AWARE OF?

Yes. It is important to know the following:

- Children currently enrolled in the Wraparound program cannot be enrolled in CCS at the same time.
- If the individual is seeing a therapist who is not in the CCS network, he/she will need to switch to a CCS network therapist. A list of CCS network therapists is available in the “Psychotherapy” section of the online provider directory at milwaukee.gov/CCS.
- Individuals who are in a Partial Hospitalization Program or an Intensive Outpatient Program not within the CCS network cannot enroll in CCS while attending these programs.
- CCS is a voluntary program. As such, CCS care coordinators are not responsible for monitoring the individual’s program participation for involuntary conditions or commitments.

SUPPORTING A LIFE IN RECOVERY

The Substance Abuse and Mental Health Services Administration (SAMHSA) has identified four major dimensions that support a life in recovery:

- 1. Health:** Overcoming or managing one’s mental health and/or substance use condition(s) or symptoms. For everyone in recovery, this means making informed, healthy choices that support physical and emotional well-being.
- 2. Home:** Having a stable and safe place to live.
- 3. Purpose:** Participating in meaningful daily activities, such as a work, school volunteering, taking care of family, or creative projects. Developing independence, income and resources that help someone be a part of society.
- 4. Community:** Having relationships and social networks that provide support, friendship, love and hope.

CCS is dedicated to helping all individuals who participate in our programs succeed in each of these areas.