



The Milwaukee Mental Health Task Force is the voice of the community on issues related to the quality and responsiveness of mental health and substance abuse disorder services.

Milwaukee Mental Health Task Force 2021 Karen Avery Forum

Celebrating Recovery, Ending Stigma, Embracing Possibilities

FORUM SPEAKERS

OPENING SPEAKERS: Ensuring Equitable Care Through Many Pathways of Recovery & Harm Reduction

- Introductory remarks, **Susan Gadacz**, Mental Health Task Force Steering Committee



Donald McDonald, MSW, LCAS, Chief Recovery Officer at All Sober

As a person thriving in recovery from severe mental & substance use disorders since 2004, his background includes being a consumer of services, provider of clinical services, health policy advocate, Recovery Community leader, and a war veteran.

He has served as the National Field Director of Faces & Voices of Recovery, the Executive Director of Addiction Professionals of North Carolina, and the Director of Advocacy & Education at Recovery Communities of North Carolina. Before coming to All Sober, Donald provided training and technical assistance to rural and underserved communities across the country with JBS International.



Robert Childs, MPH, Technical Expert Lead at JBS International

Robert provides technical assistance on rural overdose prevention projects across the United States. He previously served as North Carolina Harm Reduction Coalition's Executive Director, specializing in harm reduction practice, overdose prevention and response initiatives, drug policy advocacy and reform, media affairs, law enforcement assisted diversion (LEAD) and law enforcement occupational safety & drug overdose response.

Robert helped develop the largest syringe exchange network, as well as community & law enforcement-based naloxone distribution programs and LEAD program sites, in the US South. He played a lead role in campaigns that led to the passage of legislation addressing 911 Good Samaritan, naloxone access, partial syringe decriminalization, biohazard collection, syringe exchange, naloxone funding and LEAD funding.

Community Voices Panel, facilitated by Christine Ullstrop, LCSW, CSAC, Meta House

Julius D. Coates, Certified Substance Abuse Counselor, MSM, BSM, ICS, CSAC, LC



Long before I knew about professional helpers, I was often asked for help by friends. My own struggle with addiction and mental health concerns brought acute awareness to these issues. Good professional intervention led me from suffering in the problem to a desire to be a part of the solution. This led to my becoming a treatment professional, Certified Substance Abuse Counselor. Early in my career, I worked at a Detox facility. In the next 35 years, I counseled clients in various settings. I have worked in Inpatient, Hospital,

Day Treatment, Intensive Outpatient, OutPatient, and AfterCare settings. The devastation of substance abuse to individuals and families consistently confirms my commitment.

In the next 35 years, I counseled clients in various settings. I saw that how a program was run either contributed to the healing process or not. This led me to becoming a Clinical Supervisor. I wanted to assist other counselors, especially newer counselors to focus their helping passions. When I became the director over AODA & Mental Health Services, I felt that I lacked formal management skills, so I returned to school to acquire a Bachelor's Degree and then a Master's Degree in Management.

No matter how well or not a person functioned, I always did what I could to get them into a higher level of functioning. I did the same with every program and facility that I supervised or managed. I have volunteered in recovery settings for personal growth. I have chaired community based meetings. I sponsor others on their recovery journey. I have served as a GSR. I have served on the Board of Directors of the Alano Foundation for many years and as the President of that board for 6 years.

I believe that my professional and personal work with healing practices has contributed to my 37 years of continuous sobriety. Today I am enjoying semi-retirement. I provide Clinical Supervision on a consultant basis. I provide Life Coaching to a select clientele.



Marguerit M. Galindo, Certified Peer Specialist, Wisconsin Community Services-Office of Consumer Affairs Program

I am the Certified Peer Specialist for Milwaukee County's Behavior Health Division – Access Clinic South, focusing on providing short-term support, mutuality in connection and resources to individuals who are uninsured and experiencing crisis in lives due to mental health and/or Substance Use Disorder.

I have been practicing recovery for over ten years. Prior to my recovery journey, I dealt with the stigma of living with mental health issues and Substance Use Disorder myself prior to beginning my recovery journey. It is an honor to use my life, which was once a mess, and is now a message of hope to provide support, mutuality in connection and resources to individuals experiencing similar struggles.

Ken Ginlack, LCSW, CSAC, IC - Director of Outpatient Programs Milwaukee County Behavioral Health Division



Kenneth Ginlack is a mental health and substance use disorder therapist. He earned his undergraduate degree from Upper Iowa University in human services with an emphasis in social work. He earned his graduate degree from Loyola University in social work. He has worked in all levels of care including medically monitored patients, youth in out of home placement, and individuals in correctional settings.

He is currently the Director of Outpatient Programs for Milwaukee County Behavior Health Division (BHD) and an ad-hoc instructor at the University of Wisconsin Continuing Education extension program. He instructs professionals on best practices for clinical supervision. He is the president of the board of directors for Revive Youth and Family Services, a board member for SALS Recovery Houses & Coaching, and previously the vice president of the board of directors for Daystar Inc. He was the recipient of the President's Award at Milwaukee Area Technical College (MATC) for his academic achievements and outstanding work in the community.

Kenneth is known for his contributions of volunteerism to various non-profit agencies throughout Milwaukee. He is a master level social worker and holds the following licensures in Wisconsin: licensed clinical social worker (LCSW), clinical substance abuse counselor (CSAC), and independent clinical supervisor (ICS).

Jesse Heffernan, CCAR Recovery Coach Professional, and Certified Healing Centered Engagement Practitioner, Helios Recovery



Jesse Heffernan is a person in long-term recovery, CCAR Recovery Coach Professional, and Certified Healing Centered Engagement Practitioner. Throughout his professional career, he has worked as the Program Director of the Iris Place, one of Wisconsin's mental health peer-run mental health respite facilities, the Outreach, and Empowerment Coordinator for Faces & Voices of Recovery, and Program Leader for Goodwill NCW LGBT Youth Services.

In 2015, he co-launched an internationally recognized training and consulting business called Helios Recovery Services LLC. In addition to his work at Helios, he currently serves as the Co-Chair of The Privilege Institute, Vice-Chair of Rise Together, and sits on the committee for the International Association of Recovery Coach Professionals. He has vast experience in organizational development, servant leadership, recovery community engagement, and shared values for education, equity, and social justice recovery. He lives in WI with his partner and 4 children, enjoying all things in geek culture, basketball, and coffee. It is his belief that Recovery is the process of returning to inherent worth and dignity.



Dennis Radloff, Harm Reduction Services Coordinator, Substance Abuse Services Section, Bureau of Prevention Treatment and Recovery, Division of Care and Treatment Services, Wisconsin Department of Health Services

Dennis Radloff has worked in the substance use services field for over 25 years with a background including AODA Counselor, Clinical Supervisor, and Director of Behavioral Health Services. Harm Reduction, Correctional Facilities, Overdose Prevention, Family Members, and Medicine Assisted Treatment (MAT) have been primary specialties. Dennis currently works at the Division of Care and Treatment Services for the State of Wisconsin as the Harm Reduction Services Coordinator expanding Narcan Training and Distribution, Injection Drug Use Prevention and Treatment services, Methamphetamine Treatment services, and Recovery Support services.

BREAKOUT GROUP DISCUSSION

Forum participants will have an opportunity to process the information and strategies shared by our speakers in breakout groups. Each group will be asked to look forward and identify new possibilities for our community to support recovery and access to treatment. Breakout groups will report out with their findings which will be used to inform our advocacy and policy recommendations.

Group #	Subject Expert	Facilitator
1.	Julius D. Coates	Christine Apple
2.	Marguerit M. Galindo	Shirley Drake
3.	Ken Ginlack	Leah Rolando
4.	Jesse Heffernan	Chyra Trost
5.	Dennis Radloff	Pete Koneazny
6.	Janet Fleege	Karen Kearce
7.	Denise Johnson	Martina Gollin Graves This group will have ASL interpreters
8.	Christine Ullstrup	Kimberly Scott-Dorsey
9.	Jeremiah Bell	Todd Scharrer