

Listening to Youth & Outreaching to Diverse Voices to Build a New Normal

Milwaukee Mental Health Task Force
May 11, 2021



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children.wi.gov

Let us know!

- Heard about Office of Children's Mental Health?



- Receive our newsletter, visited the website, or attended a webinar?



- Believe that young people in our community are struggling?



- Think that social connections with peers and supportive adults are critical to children's well-being?



OCMH – About Us

Our Values

- Collaborative across systems
- Data driven
- Family and youth guided
- Promote inclusivity and equity among all stakeholders

Our Vision

Wisconsin's children are safe, nurtured and supported to achieve their optimal mental health and well-being. Systems are family-friendly, easy to navigate, equitable, and inclusive of all people.

Collective Impact

- Advisory Council
- Collective Impact Council
- Collective Impact Workgroups
 - Access
 - Infant/ Toddler
 - Resiliency
 - Trauma Informed Care



Coordinate & Integrate Services



Collective Impact Initiatives

- Scaling Wellness In Milwaukee (SWIM)
- Milwaukee Coalition for Children's Mental Health
- Trauma & Recovery Project
- Milwaukee Mental Health Task Force

How Are Wisconsin Kids Doing?

- [Child Well-Being Indicators Dashboard](#)
 - 31 health factors
 - Clinical, social, economic, and individual health
 - WI compared to US
 - Updated annually

LEGEND

Each stoplight indicates whether the current Wisconsin data is an improvement, as compared to the baseline data.*



Wisconsin is going in the wrong direction.



Wisconsin made no change.



Wisconsin is going in the right direction.

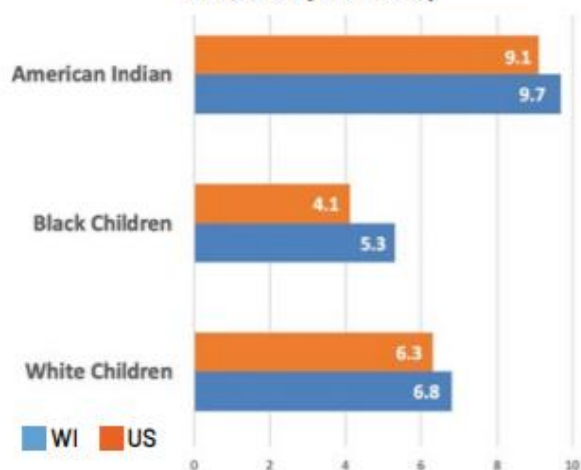
* The years used to assess changes for each indicator may vary, please refer to the "Indicator Description" document to obtain the baseline and comparative years at children.wi.gov.

SELECTED CHILD WELL-BEING INDICATORS

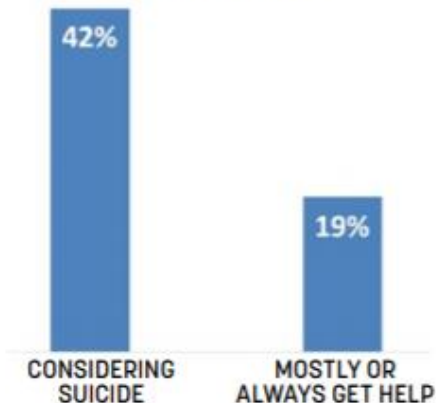
INDICATOR	US CURRENT	WI BASELINE	WI CURRENT	
Difficulty with social skills	22%	23%	26%	✗
High school students feeling sad and hopeless	37%	25%	29%	✗
Teens considering suicide	19%	13%	16%	✗

Suicide

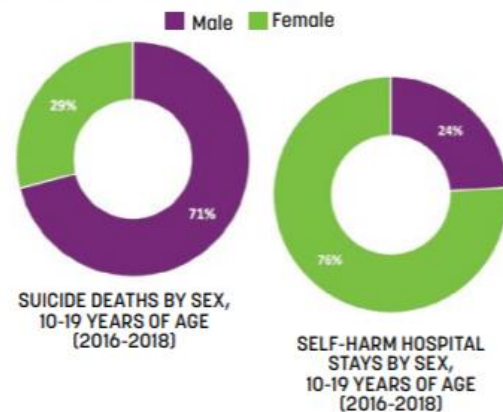
AGE-ADJUSTED SUICIDE RATES PER 100,000,
AGES 0-24 (2014-2018)⁹



WHILE 42% OF WISCONSIN'S LGBT
HIGH SCHOOL STUDENTS CONSIDER
SUICIDE, FEWER THAN HALF
OF THEM GET HELP.¹⁰



Females are more likely to harm themselves, but males are more likely to die by suicide.^{11,12}



The Impact of COVID-19 on Pediatric Mental Health

A Study of Private Healthcare Claims

Wisconsin

is one of the

TOP 5

states for having the

**most insurance
claims**

submitted for

**intentional
self-harm
injuries**

during the pandemic.

Insurance companies report a

100% increase

in the percentage of

**self-harm, substance use,
and mental health claims**

for teens in 2020 as compared to 2019.

Disparities in Mental Health Care



Minorities are more likely to delay or stop treatment as a result of geographic or insurance barriers and less likely to receive culturally appropriate treatment.

Source: University of Wisconsin Population Health Institute. County Health Rankings State Report, 2019.

What OCMH is Doing

- Listening to youth
- Supporting culturally diverse mental health professionals
- Intentionally connecting with diverse populations
- Focus on social connectedness



Listening to Youth

- Youth Listening Sessions
- Teen Mental Health Panel
- Voices of Wisconsin Students Project
- Young Adult Lived Experience Partners



Young Adult Lived Experience Partners



- Ages 16 – 26
- Experience navigating Wisconsin's mental health system
- Actively participate in collective impact work
- Receive training and professional development



Real Talk with Culturally Diverse Mental Health Professionals: Hanging In and Thriving

Mental Health Professionals from diverse backgrounds are invited to this next opportunity to talk with others about the challenges of surviving as a clinician of color in uncertain times

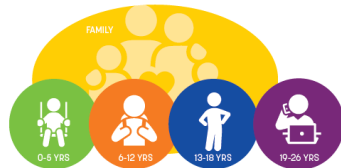
May 11, 2021 - 6:00 – 7:30 pm via Zoom

Panelist: Myra McNair, LMFT, Anesis Center for Marriage & Family Therapy
Sharais Alvarado, LPC, 16th Street Community Health Center

Moderator: Dr. Armando Hernandez, Chief Diversity Officer, Journey Mental Health Center

Culturally diverse clinicians in training, graduate students and others engaged in direct mental health care are also invited to attend.





Recognize & Understand Need

All Wisconsin families and children must be represented & served

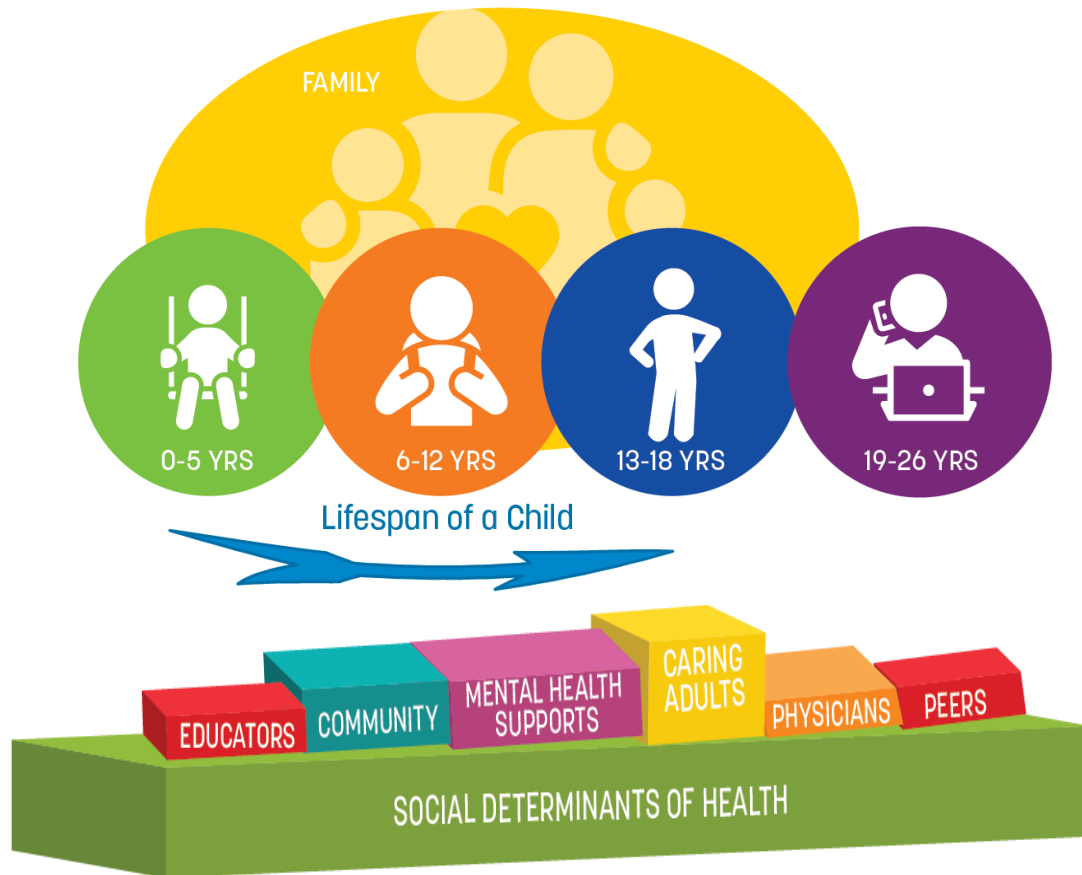
Identify Opportunities

- Intentional CIPOC Outreach
- Updated Tools

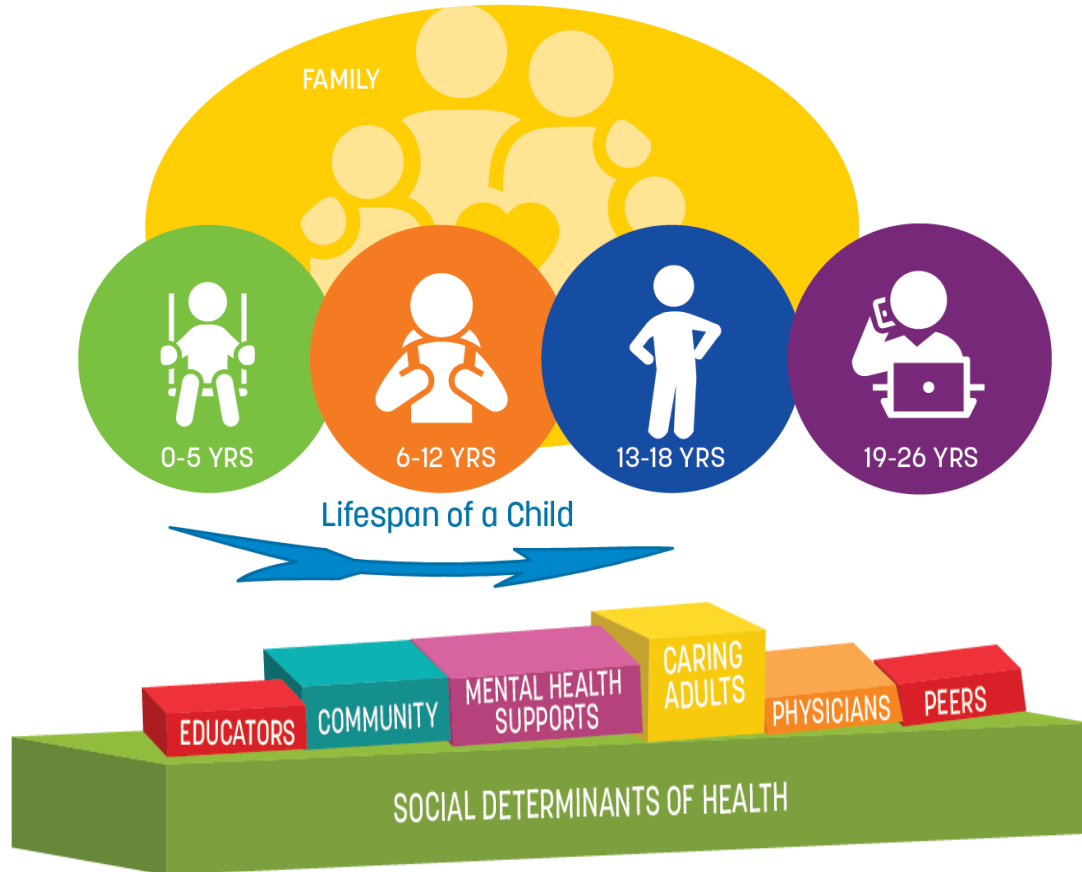
Individual & Organizational Presentations

Inform, Connect
Involve

Building Emotional Well-Being Through Strong Foundations



Moving on to Social Connectedness



Connections

- Visit children.wi.gov
- [Sign-up for our newsletter](#)
- Share the tools
- Follow us on social
 - Twitter [@WIKidsMH](https://twitter.com/WIKidsMH)
 - Facebook Facebook.com/OCMHWI
- Schedule a presentation - Tiffany.Meredith@wi.gov
- Join the network – OCMH@Wisconsin.gov

Questions Answers

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