

Next Step Developmental Clinic

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A partnership between Marquette University, Mental Health America of WI, Milwaukee Coalition for Children's Mental Health, Next Door Foundation, True Love Baptist Church, MIRACLE Network, MATC, United Way/Milwaukee Succeeds, UWM, Alverno College, MCW, and the Greater Milwaukee Foundation.

How common are developmental and mental health challenges in children?

- Developmental Disorders (Autism):
 - 1 in 59 children has Autism
 - Almost all families had concerns about their children by 3 yrs. of age; but **only 47%** of the children were able to be diagnosed at that time. The other half were diagnosed much later.
- Mental Health Disorders:
 - 1 in 5 kids has a diagnosed mental health disorder
- Both issues are worsened by poverty and toxic stress

Autism Rates Continue to Rise

- CDC's most recent report: 1 in 59 (MMWR, 4/27/18)

Estimated Autism Prevalence 2018



* Centers for Disease Control and Prevention (CDC) prevalence estimates are for 4 years prior to the report date (e.g. 2018 figures are from 2014)



Mental Health Disorders

- 80% of chronic mental disorders begin in childhood.
- Experiencing trauma, Adverse Childhood Experiences (ACEs), and chronic, toxic stress can compound issues.
- There is a 2-4 year gap between onset of symptoms and development of disorder – early intervention matters!
- Mental and developmental health are related
 - Women who experience trauma are more likely to have children with developmental delay
 - Children with developmental delays are more likely to be victimized

Who Gets Help in WI?

- Parents of Black children report concerns about their child's development, but are less likely to have a regular doctor or receive developmental screening
- About 1/3 of children have had no comprehensive evaluation by 36 months of age, with children of color more likely to be missing out.
- Black and Hispanic children identified later, if at all
 - Especially impacts low-income children of color
- Children of color more likely to be misdiagnosed as intellectual disability or behavior/conduct problems, than autism or mental health disorders

Barriers

- Coping with many, complex challenges
- Lack of access to knowledge or education about these issues- who has the “inside info” to get help
- Lack of access to professionals who can diagnose; Lack of access to treatments
- Not enough clinicians of color who understand the community
- Bias and misdiagnosis; Dismissal of concerns
- School-to-prison pipelines rather than developmental or mental health support
- Poverty; discrimination and institutionalized racism
- Stigma and misinformation, mistrust of systems of care

What can we do to help?

- Giving families a voice:
 - Family Advisory Panel
- Helping guide families through the maze:
 - Family Navigation
- Increasing mental and developmental care options in the neighborhoods where those who experience barriers live:
 - Next Step Clinic
 - Producing more qualified therapists to give care, through the Next Step Clinic Practicum



Giving Families a Voice

Coalition for Children's Mental Health

- A cross-systems group of professionals, parents, and advocates based out of Mental Health America of WI
- Working to improve the mental health of children 0 – 8 in Milwaukee (and their families!)
- Developing partnerships and collaboratively seeking solutions to barriers to identification and care
- Advocating for the voices of lived experience in all that we do.

www.mkekids.org

Family Advisory Panel

- We are in the process of assembling a panel of family members affected by developmental and mental health challenges of their children or themselves.
- The panel will steer the services and structure of the new Next Step Clinic.



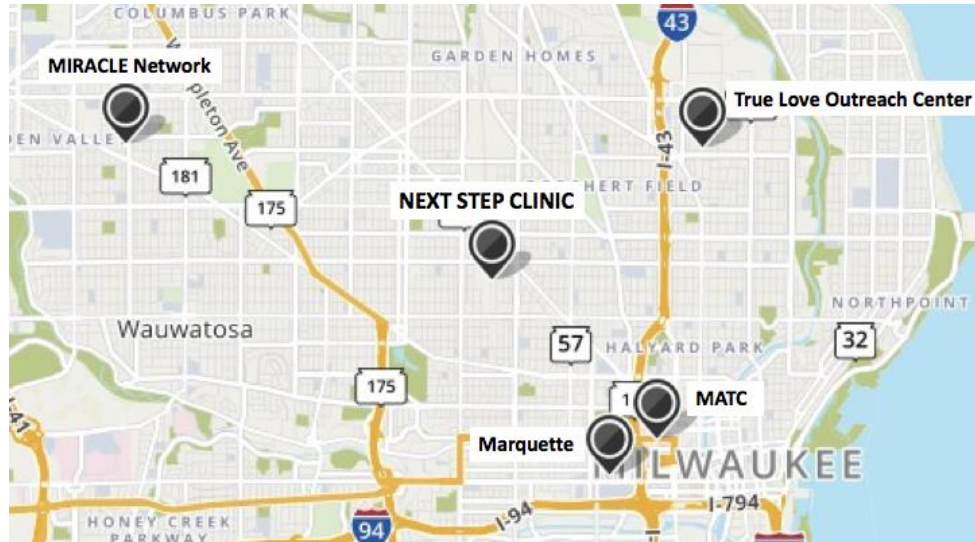
Helping with the Maze

An Example: ASD Screening Concern and Missing Services

- WI has a rich system of autism services within AND outside of the school context.
- However, services **outside** of school are only available if a child has a **medical** diagnosis of ASD.
 - This type of diagnosis cannot/will not be done by schools
 - **Only** licensed clinical psychologists, psychiatrists, or physicians can complete it
- Many children transition from Birth to 3 to the school system and miss the pathway for the **medical** diagnosis of autism.
- These children cannot access intensive, state-funded, evidence-based treatments for autism, which we know lead to positive outcomes.

Role of Family Navigators

- Helping families access autism and mental health screening for their child
- Ensuring that families know about the medical pathway and in-home services for autism
- Helping families access the medical evaluation/diagnosis of autism or mental health therapies for their child
- Assisting families in getting services for their child and family, in school and at-home



Providing More Options for Care

Marquette/Johnson Controls President's Challenge

President's Challenge: Impact of Leveraging Trusted Community and Marquette Resources

Next
Step
Clinic



Clinicians, Ethicists, Researchers, Students and Tech. Experts



Mental Health America Resources and Navigators



True Love Baptist Outreach



United Way Resources



Miracle Network Outreach



Next Door Foundation Space

Next Step Clinic

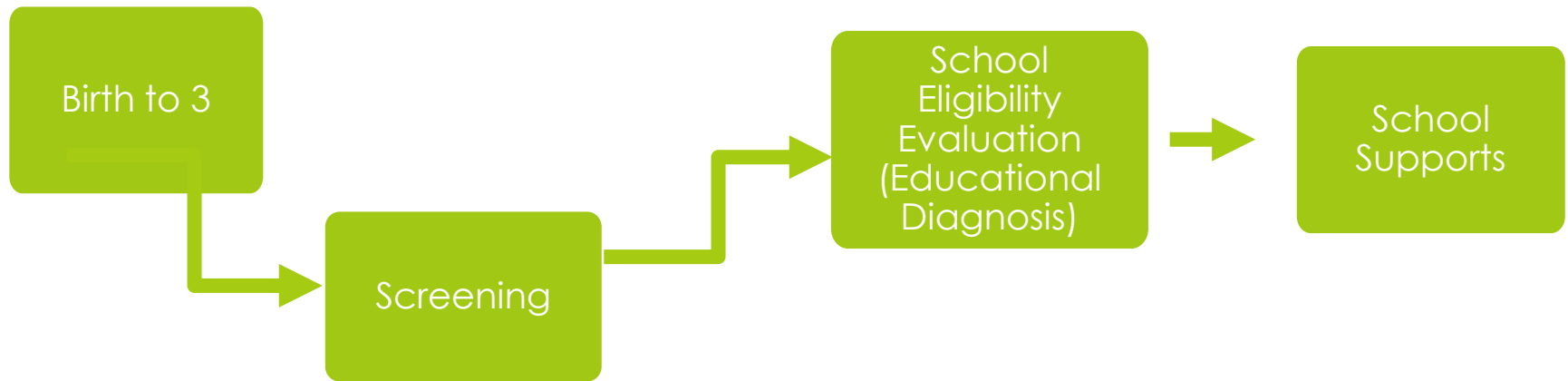
- <https://vimeo.com/312993240/3e3cbda6d4>
 - Located within a trusted community partner: Next Door (29th and Meinecke)
 - A Family Advisory Board will steer clinic development, build trust, and empower families
 - Family Navigation services
 - Screening and diagnosis services:
 - Autism
 - Mental health challenges
 - Therapy services:
 - Family-based therapies for trauma-related mental health challenges of children and parents

- Train clinicians of the future in both developmental/Autism care and trauma informed therapies/healing-centered engagement via practicum experience

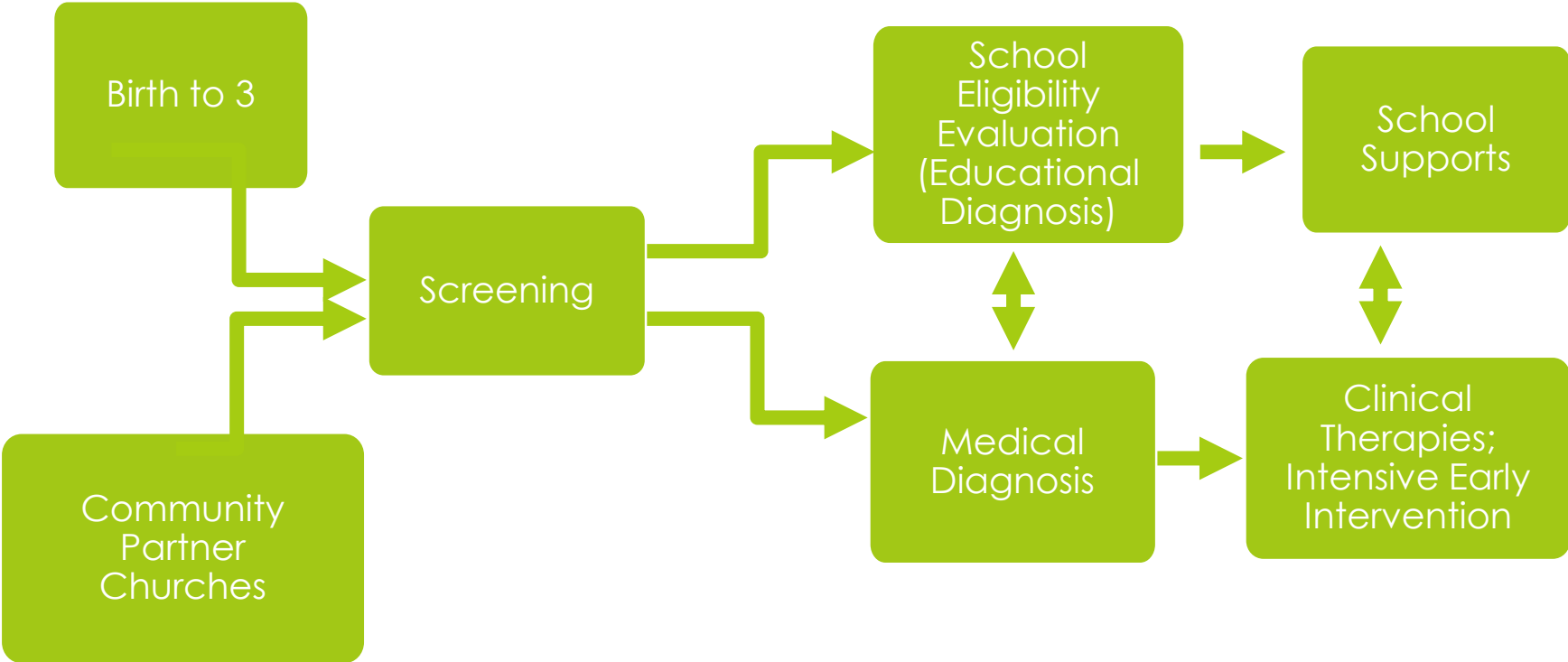
Pipelines: Partnering with Birth to 3 and Churches

- All county Birth to 3 agencies will screen for autism and refer children with concerns to Next Step Navigators, who will help them access diagnosis and services
- In 2013, we began partnering with General Baptist H.O.P.E. Ambassadors in training and identifying autism and helping families find services
 - That partnership continues, and we have also included the MIRACLE network of churches in this effort
 - Church communities can serve as the “boots on the ground” for helping find children with challenges, who are missed by Birth to 3 or schools

Current Developmental/Mental Health Child Pathway



NEW Next Step Developmental/Mental Health Child Pathway



Clinic Pathway

B-3 or Church Contacts screen children

B-3 or Church consults with Navigators for Children with Concerns

Families get Evaluation and Treatment at Next Step (or elsewhere)

Next Step Navigators Follow Up on Unmet Needs

M-CHAT[®]

Please answer these questions about your child. Keep in mind how your child usually behaves. If you have seen your child do the behavior a few times, but he or she does not usually do it, then please answer no. Please circle yes or no for every question. Thank you very much.

1. If you point at something across the room, does your child look at it? Yes No
(For EXAMPLE, if you point at a toy or an animal, does your child look at the toy or animal?)
2. Have you ever wondered if your child might be deaf? Yes No
3. Does your child play pretend or make-believe? (For EXAMPLE, pretend to drink from an empty cup, pretend to talk on a phone, or pretend to feed a doll or stuffed animal?) Yes No
4. Does your child like climbing on things? (For EXAMPLE, furniture, playground equipment, or stairs) Yes No
5. Does your child make unusual finger movements near his or her eyes? (For EXAMPLE, does your child wiggle his or her fingers close to his or her eyes?) Yes No
6. Does your child point with one finger to ask for something or to get help? (For EXAMPLE, pointing to a snack on the table instead of saying) Yes No
7. Does your child point with one finger to show you something interesting? Yes No
8. Is your child interested in other children? (For EXAMPLE, does your child watch other children, smile at them, or go to them?) Yes No
9. Does your child show you things by bringing them to you or holding them up for you to see – not to get help, but just to share? (For EXAMPLE, showing you a flower, a stuffed animal, or a toy truck) Yes No
10. Does your child respond when you call his or her name? (For EXAMPLE, does he or she look up, talk or babble, or stop what he or she is doing when you call his or her name?) Yes No
11. When you smile at your child, does he or she smile back at you? Yes No
12. Does your child get upset by everyday noises? (For EXAMPLE, does your child scream or cry to noise levels as a newborn, infant, or toddler might?) Yes No
13. Does your child wave? Yes No
14. Does your child look you in the eye when you are talking to him or her, playing with him or her, or dressing him or her? Yes No
15. Does your child try to copy what you do? (For EXAMPLE, wave bye-bye, clap, or make a funny noise when you do) Yes No
16. If you turn your head to look at something, does your child look around to see what you are looking at? Yes No
17. Does your child try to get you to watch him or her? (For EXAMPLE, does your child look at you for praise, or say "look" or "watch me") Yes No
18. Does your child understand when you tell him or her to do something? (For EXAMPLE, if you don't point, can your child understand "put the book



Contact Us!

- Family Navigators:

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- Phone: (414) 288-3727 or email: autismhelp@marquette.edu

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Next Step Clinic

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Our Team

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