



Mass Shootings and our Collective Trauma



Evolution of the way we look at Trauma

- Direct exposure
- Witnessing the trauma
- Learning that a relative or close friend was exposed to a trauma
- Indirect exposure to aversive



Coping with Mass Shooting Trauma

- Self Care
- Your symptoms as normal, mass murder is not
- Try to recognize when those around you need extra support
- Don't avoid people or places that remind you of trauma
- Avoid exposure to media
- Maintain contact with family, friends, clergy, support
- Focus on a what you can do and operate from a strength based perspective of reality
- Resolve day to day conflicts so the don't add to stress
- Establish a healthy sense of control
- Contact a mental health professional
- Get involved(Action)



291 Mass Shootings in 2019

Gun Violence Archive

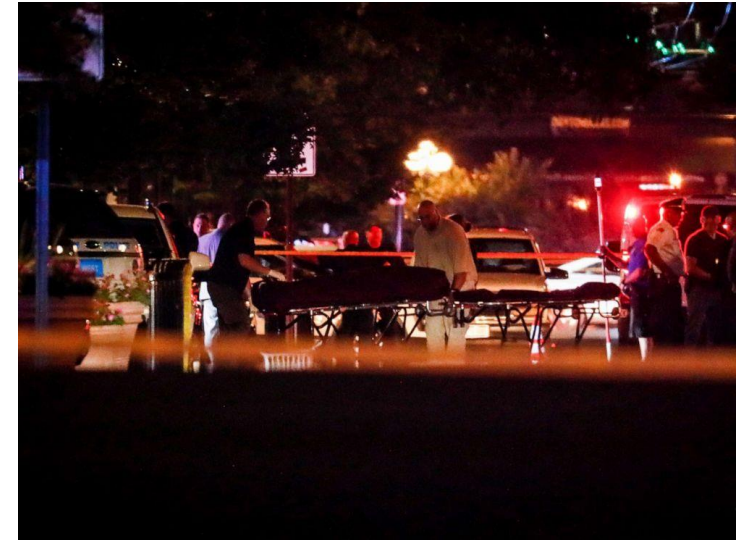
September 6, 2019



Gilroy, CA



El Paso, TX



Dayton, OH

80% Coalition



Say No To Hate: A Remembrance of Oak Creek, Gilroy, El Paso & Dayton



A Call To Action!

- A resolution condemning domestic terrorism.
- Legislation that extends the current background check requirement to include any sale or transfer of firearms at a gun shows, online or from an individual.
- Legislation that allows law enforcement or a family member to petition the court if they believe an individual with a firearm is a danger to themselves and/or to others and if the threat is found to be credible, empower law enforcement to retrieve the firearm(s) until the threat is no longer.



Current Coalition Members:

Advanced Wireless, Inc.

Community Coalition for Quality Policing

Felmers Chaney Advocacy Board

Forward Latino

Islamic Society of Milwaukee

March for Our Lives MKE

Milwaukee Muslim Women's Coalition

NAACP-Milwaukee Branch

Wisconsin Anti Violence Effort (WAVE)

Brady: United Against Gun Violence

The Episcopal Diocese of Milwaukee

First Unitarian Society of Milwaukee

Hours Against Hate

JCRC-Milwaukee Jewish Federation

March For Our Lives Wisconsin

Mom's Demand Action – Central Milwaukee

Serve 2 Unite



Campaign

Advocacy Days

Call/Email/Postcard Campaigns

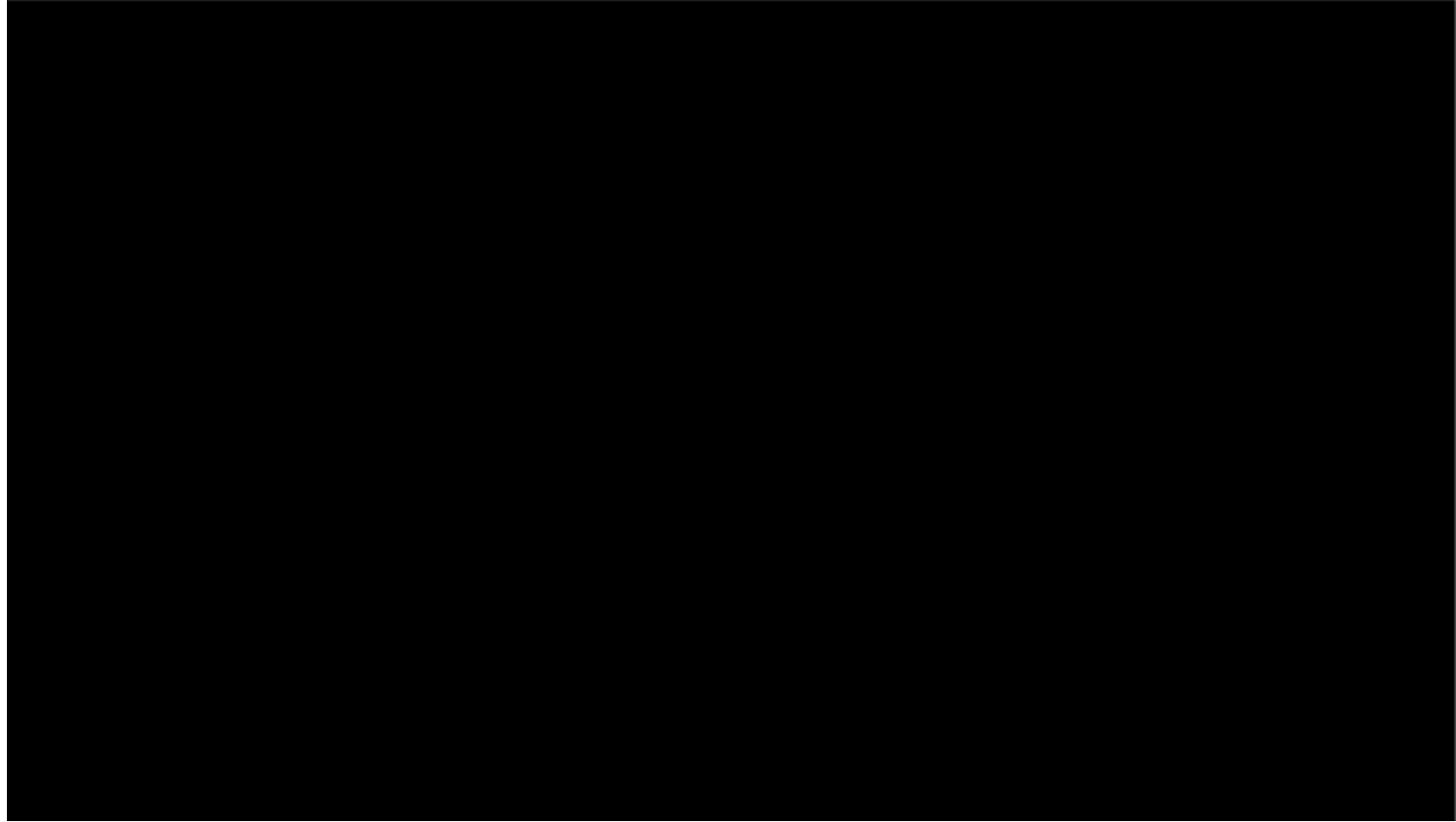
Op-Eds In Publication

Social Media

Town Hall Meetings

Videos

80%
Coalition





**Darryl Morin,
Pardeep Kaleka**

**Let's build this
movement to end
gun violence.**