



Parachute House

The Parachute House is a respite for individuals experiencing emotional distress or who are in a low-level crisis in need of additional support through supportive conversation and other wellness opportunities. The Parachute House is staffed by Certified Peer Specialists who have lived experience and have been successful in their own journey to provide hope.



Who Can Access Services at the Parachute House?

- Milwaukee County adult residence (18 and over)
- Individuals experiencing emotional distress and or crisis related to mental health and/or substance abuse challenges.
- Individuals who are experiencing an increase in symptoms, stressors, or exacerbations, who are in need of support and supportive services to aid in their recovery to avert crises and avoid hospitalizations.
- Individuals who are able to live next to an elementary school and nursing home
- Individuals who have a permanent Milwaukee County address and are not homeless or in transition.
- Individuals who are not a harm to self or others.

How Do I Access Services at the Parachute House?

- Through Self-referral, voluntary only to promote self-determination and direction
- By calling the Parachute House at 414-877-5918 and engaging in a Guest/Prestay conversation
- Welcome hours are between 8 A.M and 8 P.M, 7 days a week

What should I Expect at the Parachute House ?

- The Parachute House serves as a short-term (7 day), residential resource.
- The Parachute House provides a welcoming and accepting home-like environment 24/7/365.
- We are not clinical but will support individuals who may want to connect with these supports in the community.
- Provide a locked safe in all bedrooms for individuals prescribed medications
- Provide a safe relaxing place to pause and reset yourself.
- Provide one-on-one supportive conversation with a peer
- Provide wellness activities
- Provide hope
- Guest may come and go as they choose to continue with work or other existing schedules

Questions please contact Melissa Wisniewski at mwisniewski@ourspaceinc.org