

Milwaukee Coalition for Children's Mental Health (CCMH)

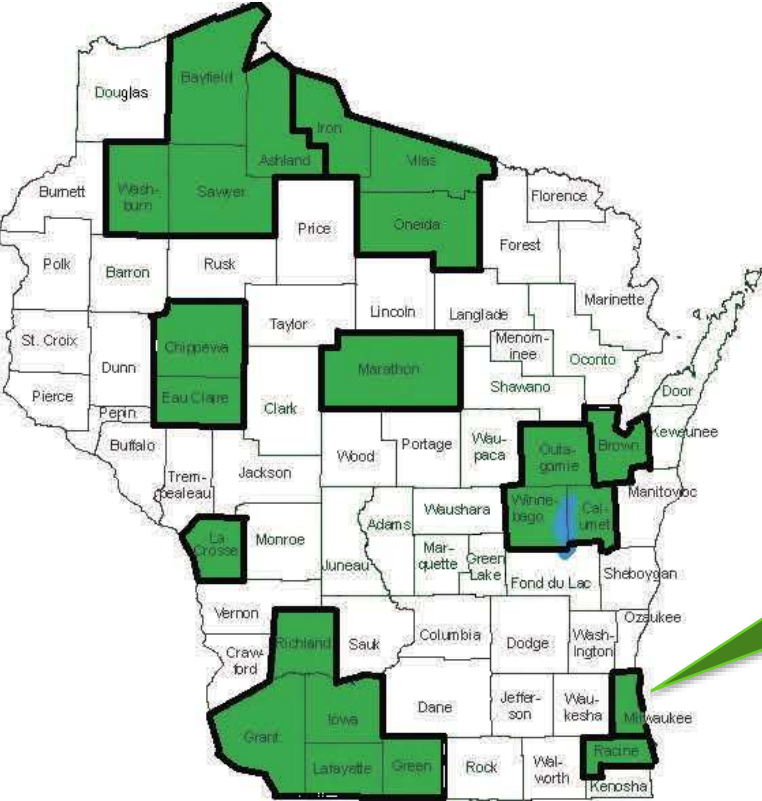
Presentation to the Milwaukee Mental Health Task Force,
December 11th, 2018

Leah Jepson, *CCMH Project Director*
Mental Health America of Wisconsin

*This project is funded by the Advancing a Healthier Wisconsin Endowment
at the Medical College of Wisconsin*



Advancing Behavioral Health Wisconsin



Project start: July, 2016; Project end: June, 2022

CCMH Purpose and Mission

Purpose: Building upon the strengths of our families, communities, and systems to promote children's optimal social-emotional health and well-being.

Mission: We are dedicated to supporting and empowering families with young children in the City of Milwaukee by providing a welcoming, collaborative pathway to resources that support optimal social emotional health and growth while advancing systemic and policy change.



CCMH Philosophy

Philosophy: The values we hold in fulfilling our purpose and mission include our commitment to:

- ▶ Awareness of the experiences of our community
- ▶ Empathy and respect
- ▶ Equitable access to resources and services
- ▶ Inclusion, self-advocacy, and self-efficacy for community empowerment
- ▶ A resilient community that is diverse and engaged



Strategies:

1. Nurturing connections between families, trusted navigators, and systems of care
2. Promoting the voice of lived experience and addressing power dynamics in decision-making
3. Supporting & informing professional development across child-serving sectors
4. Expanding early identification of, and access to, needed intervention and supportive services for children and their families



Specific Implementation Strategies

- ▶ Convening Community Health Workers, Family Navigators, and Parent Peer Specialists in a Mental Health Community of Practice
- ▶ Facilitating a Parent Leadership Learning Community to build advocacy, group facilitation, and leadership skills
- ▶ Creating scaffolded competencies and training modules around children's mental health for cross-sector professionals and others who impact families with young children
- ▶ Implementing a Family Navigation pilot program to screen children for Autism Spectrum Disorder
- ▶ Developing a parent/caregiver co-led infrastructure for all CCMH activities



Enacting Systems Change



Changing
Organizational &
Programmatic
Practices



Advocating for
Policy Change &
Resource Flow



Developing and
sharing best
practice



Supporting
Relationships &
Connections among
Families and Providers



Promoting Parent Voice
& Addressing
Power Dynamics in
Decision-Making



Changing the
Narrative around
Children's Mental Health



Improved Mental
Health for Kids
and Families

Engaging Community in Our Work

- ▶ Cultivate authentic relationships
 - ▶ Bidirectional trust is critical for success
 - ▶ Be patient - building strong relationships takes time
- ▶ Intentionally create a safe, welcoming space
 - ▶ Some infrastructure is important, but not too much
 - ▶ All members are held accountable to maintain space
- ▶ Actively support leadership development
 - ▶ What does each member need to succeed?
 - ▶ What unique qualities does each person bring to the table?



Some of our Partners (so far!)

- Aurora Family Service
- City of Milwaukee Health Department
- Disability Rights WI
- Mental Health America of WI
- Milwaukee Public Schools
- Mount Mary University
- New Concept Self Development Center/CAPE
- Rogers InHealth and WISE
- School Community Partnership for Mental Health
- UW-Milwaukee
- United Way GM & WC
- Boys & Girls Clubs of Greater MKE
- Children's Hospital of WI
- Community Advocates Public Policy Institute
- Lutheran Social Services
- Marquette University
- Milwaukee Chapter, The Links
- Milwaukee Succeeds Kindergarten Readiness Partnership
- NAMI Greater Milwaukee
- Next Door
- The Parenting Network
- Wraparound Milwaukee



Thank You!

Please Contact Us:

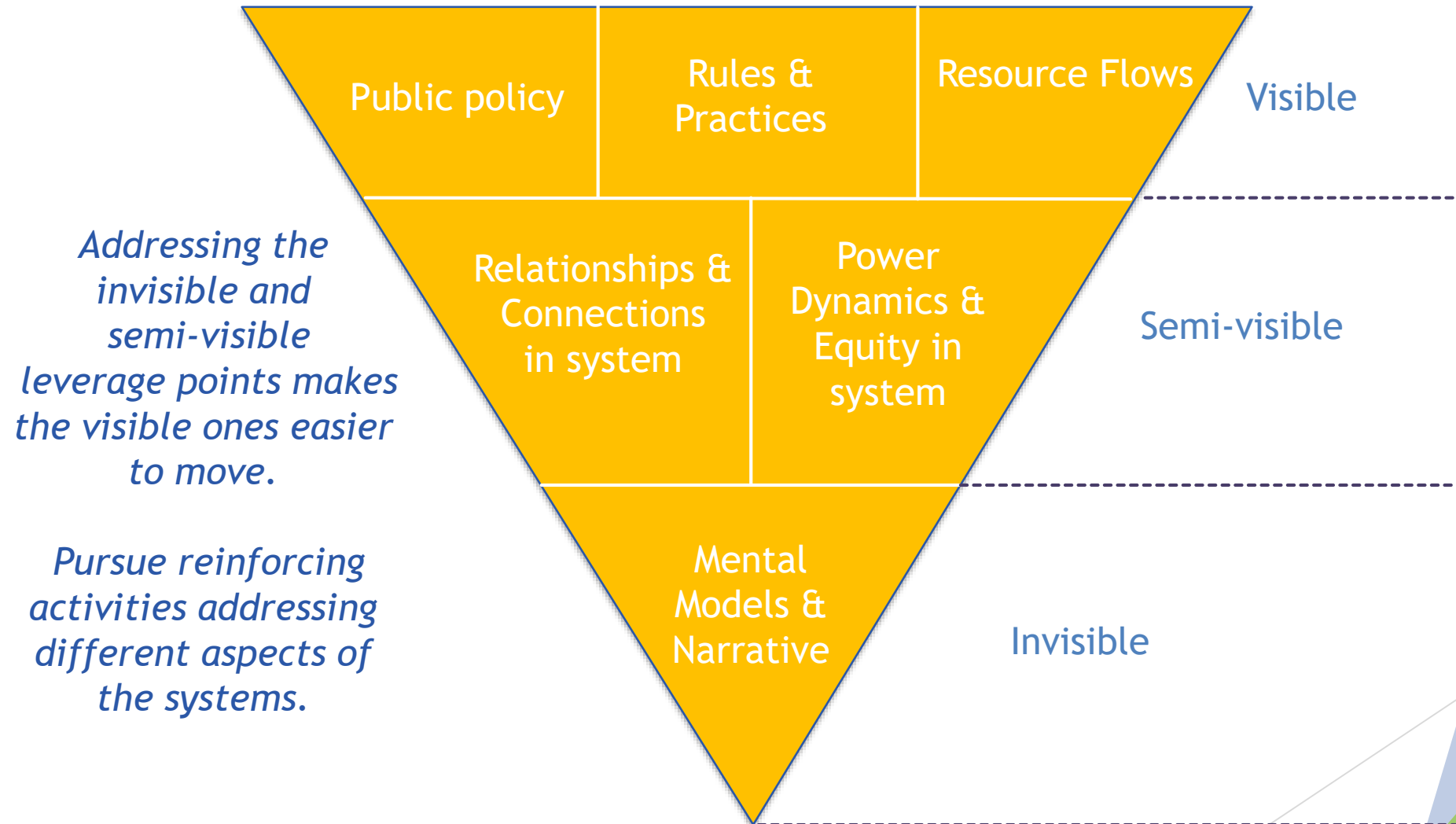
Leah Jepson: leah@mhawisconsin.org (414) 336-7971

Blake Tierney: blake@mhawisconsin.org (414) 336-7974

Visit our Website at: www.MKEKids.org



System Change: changing the conditions holding the problem in place



“The Water of System Change” by Kania, Kramer, and Senge. Builds on the work Social Innovation Generation and the ABLe Change Framework by Pennie Foster Fishman and Erin Watson.



Our Shared Agreements

(summarized)

As agreed upon by Coalition members and open to revision at any time:

1. Work through difficulty together
2. Contribute to meeting goals
3. Practice active listening

What is said here stays here; what is learned here goes with you to share

