**\*56 evaluations submitted**

## **Affiliations (optional):**

## APC (2)

## BHC/MHTI

## C4K/CHW (2)

## CHW (2)

## Guest House

## Hancock Center for DMT

## Molina Healthcare

## Mt. Mary University (2)

## Pathfinders

## Shore Clinic

## WHCG

## **I attend Mental Health Task Force meetings:** 14 (26%) **often**; 17 (32%) **sometimes**; 22 (42%) **never**

## **My perspective includes:** 34 (61%) **service provider**;    10 (18%) **peer**;  20 (36%) **advocate**;

## 10 (18%) **family member**;15 **educator**  10 **other** (CCS Care Coordinator, counseling graduate intern, student (4), resource provider, clergy, public policy, researcher)

|  |  |  |  |  |  |  |
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|  | **Low** |  |  |  | **High** | **Average** |
| **Seven Essential Ingredients (7ei) of Trauma Informed Care –** *Michael Joranger, LCSW* |  |
| **How would you rate Michael’s knowledge of the topic?** | **1** | **2** | **3** | **4** | **5** |  |
|  | 0 (0%) | 0 (0%) | 1 (2%) | 4 (7%) | 5 (91%) | 4.85 |
| **How likely are you to make changes based on what you heard from his presentation?** | **1** | **2** | **3** | **4** | **5** |  |
|  | 2 (4%) | 1 (2%) | 2 (4%) | 19 (35%) | 30 (56%) | 4.37 |
| **Voices of Youth** |  |
| **How likely are you to make changes based on what you heard from this presentation?** | **1** | **2** | **3** | **4** | **5** |  |
|  | 2 (4%) | 0 (0%) | 2 (4%) | 15 (31%) | 29 (60%) | 4.44 |
| **Epigenetics, Trauma, & Resilience: Moving from Understanding to Healing –** *Tammy H. Scheidegger, Ph.D., LPC, NCC* |  |
| **How would you rate Tammy’s knowledge of the topic?** | **1** | **2** | **3** | **4** | **5** |  |
|  | 0 (0%) | 0 (0%) | 2 (4%) | 6 (11%) | 46 (85%) | 4.83 |
| **How likely are you to make changes based on what you heard from her presentation?** | **1** | **2** | **3** | **4** | **5** |  |
|  | **Low** |  |  |  | **High** | **Average** |
|  | 0 (0%) | 2 (4%) | 6 (11%) | 21 (39%) | 25 (46%) | 4.28 |
| **Resilience - Healing Hearts: Post Traumatic Stress Disorder -** Mary Neubauer, CPS |  |
| **How would you rate Mary’s knowledge of the topic?** | **1** | **2** | **3** | **4** | **5** |  |
|  | 0 (0%) | 1 (2%) | 5 (9%) | 14 (25%) | 35 (64%) | 4.49 |
| **How likely are you to make changes based on what you heard from her presentation?** | **1** | **2** | **3** | **4** | **5** |  |
|  | 1 (2%) | 3 (5%) | 12 (22%) | 18 (33%) | 21 (38%) | 4.00 |
| ***Our Future Starts Now: Healing, Hope and Resilience* Forum as a Whole** |  |
| **How likely are you to make changes based on your experience in this forum as a whole?** | **1** | **2** | **3** | **4** | **5** |  |
|  | 1 (2%) | 0 (0%) | 3 (6%) | 19 (37%) | 28 (55%) | 4.43 |
| **How likely are you to recommend future MMHTF presentations to someone else?** | **1** | **2** | **3** | **4** | **5** |  |
|  | 0 (0%) | 0 (0%) | 1 (2%) | 15 (29%) | 35 (69%) | 4.67 |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **What do you intend to do as a result of this forum?**

|  |
| --- |
| Look up and use the ??RS continue to repeat information that will help my clients & others recall the signs of compassion fatigue |
| use this at work |
| Share the information that I have learned with my family and friends |
| More awareness of trauma affecting developmentAwareness of resources in the community |
| I will incorporate the new knowledge I learned today into my & my organization's TIC journey. Every presentation elevates my awareness from different perspectives |
| Continue to learn more about trauma informed healing and incorporate this training into my daily practice. |
| Take what I learned and put it into action for my clients.To be aware of people who may need more healing than others |
| Include more information from those impacted directly into my classes |
| Talk to my team and review TIC and ways to create a more healing environment for our youthConsider including ACE survey |
| increase community connectionadvocate more for TIC & TIHbring considerations & knowledge into individual counseling sessions |
| Remain available for more trainings |
| Continue to be an advocate |
| Continue the conversation & combine efforts (SWIM & Office of Violence Prevention) |
| I really learned a lot about ACE & Trauma Informed |
| Continue to learn & start incorporating into future practice |
| practice from a trauma-informed healing perspective |
| more deep breathing - teach to othersPromote "talking it out", openness, kindness |
| Share with others and incorporate what I find useful for me |
| Help my youth |
| Look at the "we"Kind acts given regularly |
| Be more understanding |
| The discussion |
| Bring that knowledge and education to share with future clients. Utilize that knowledge to also understand my current clients better. |
| I will evaluate behavior differently |
| Seek to understand not to be understood to the youth served |
| Learn more about trauma informed care |
| Learn more about TIC and effects on community healing and social justice movements |
| Continue to advocate for children in care by providing psychoeducation to caregivers using present-day, real time examples to begin to shift perspectives regarding the learning of behavior |
| SWIM |
| share the information (and materials) gathered today with my colleagues, particularly with those that have direct interactions with our members/community we serve. |
| Be more aware of reasoning of certain behaviors within others/myself |
| Gather information for programmatic directions |
| incorporate new materials/techniques in my work |
| Everything I have learned is very good tech. I can use in both my jobs. |
| Apply some learned knowledge... |
| share information with co-workers |
| What really resonated with me was the importance of environment and particularly social connection.How do we build solid structures that support those who support people dealing with mental health and substance abuse challenges |
| Remain open to many ways of promoting healing, restoring hope and building resilience |

 |
| **What would you like to see in future MMHTF meetings or forums?**

|  |
| --- |
| It was good, no need to change |
| African American presenters |
| Information about follow up resources, programs & outcomes with trauma |
| More info/coursework on specific behavior and professionals responses to those behaviors during classroom educational setting and therapeutic (OT, PT, ST) settings. |
| African American speaker who are dealing with trauma and mental health issues, those who are resilient. |
| Deeper dive into treatment strategies |
| A presentation on RAD as it plays out in adolescents and effective interventions |
| specific technique training/modeling on trauma healing |
| 10 minute breaks on the hour |
| More educationalMore stories of resilience |
| Alfonso Watkins - afro psychological community trauma perspective |
| -Presentations on Trauma Informed resources & information-Youth issues |
| Very fun & informative - Thank You! |
| more social justice discussions/multiculturalism |
| More stories |
| -more promotion of events and meetings-invite students! |
| maybe effective therapy trends for the area |
| I would like to see an alliance among task forces of surrounding counties. The program I work for serves Milwaukee, Ozaukee, Washington, Racine, Kenosha, and often clients will migrate across county lines. I would be interested in learning/working to create supports between counties that allow for caring for individuals with as seamless as possible; in essence, creating bridges |
| CBT Talks for the community |
| Cultural context - how do we take this wonderful information into the communities we serve (i.e. immigrant population, Spanish/Burmese/Hmong speaking, etc.) |
| Lunch :)More movement |
| more of this/open forums |
| More stress reducing methods |
| Need more programming in transgenerational traumahow does societal structures that contribute to ongoing trauma - poverty, incarceration, lack of good nutritious food, lack of jobs paying livable wages, racism, sexism, homophobia |
| Building paths to recovery and flourishing |

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**Contact information if you would like to be contacted regarding SWIM:**

6 people provided their contact information

**Contact information if you would like to be included in the Milwaukee Mental Health Task Force emails:**

5 people provided their contact information