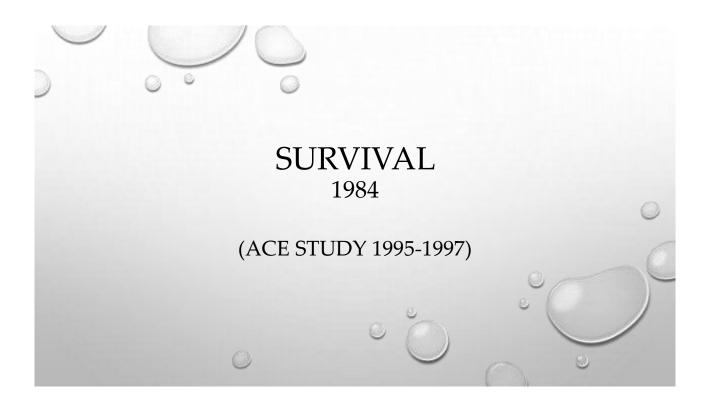


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### RESILIENCE HEALING HEARTS POST TRAUMATIC STRESS DISORDER

MARY NEUBAUER MSW, CPS



Demonstrate a visual integration of healing hearts through a creative process.

Identify three therapeutic models used to treat Post Traumatic Stress Disorder.

Define Resilience.

## EXPOSURE THERAPY

In Vivo

Imaginal

Interoceptive

# **IMAGERY RE-SCRIPTING**

Who use's it?

When is it used?

How does it work?





## INTERNAL FAMILY SYSTEMS

#### Exiles

Managers

Firefighters

