

The House of Correction, provide comprehensive drug and alcohol services. All services are voluntary and patients are identified as being eligible via an AODA screening/assessment. We currently have 1 Certified Substance Abuse Counselor, who provides all drug & alcohol related services.

Service needs:

- •Current Referrals = 93 to date, dating back to Feb 21, 2014
- •Current Enrollment is 20 males and 10 females.

Unfortunately, 34 referrals have been released before we could assist them (from 2/1 through 5/5/14)

Services provided:

As of date, 20 Males have completed the 4-week AODA Group programming since 3/1

- 2 Males have been transferred to the Huber Dorm to enable them to continue their treatment in the community.
- 3 Males are currently in Residential AODA treatment in the community.
- All males completing program maintained 100 % attendance, they got out of bed and came to group. 3 males were lost due to prison sentence and court appearances were not held against them. Homework was given and made up.

As of date, 10 Females have completed Group programming since March 1.

- One female from Trempealeau County had expected to get a 6- month sentence, however, her judge set her release date for 30 days to enable her to complete her AODA program at the HOC. This patient was set up for AODA follow up treatment in Trempealeau County upon her release.
- Another female had 90 days left on her sentence and was granted by her judge to finish sentence out in residential treatment.
- One female is currently enrolled in Residential AODA treatment in the community
- One female lost due to prison sentence
- !00 % female group attendance

Service Format:

Groups meet twice a week Mon/Wed & Tue/Thur for 90 minutes sessions that focus on:

- "Motivation for treatment" (geared specifically toward criminal offenders) to invite patients to think about aspects of motivation that governs their decisions to change behaviors.
- "Cognitive Distortions that Threaten Recovery," focuses on learning the difference between thoughts and feelings and how this affects productive communication.
- Relapse Prevention for Chemically Dependent Criminal Offenders, which has
 been adapted from Substance Abuse and Mental Health Services Administration,
 (SAMSHA). This model combines the best of medical and social/behavioral
 treatment models. The exercises provide patient's opportunities to examine their
 symptoms of addiction and start to make a connection to their legal problems and
 understand the relationship between the use of alcohol or drugs and their criminal
 behavior.

Throughout the group process, patients are assessed for any in-house needs; to include medical, dental, psychological, and case management. Patients are also identified as candidates for other in-house groups such as Anger Management, Medication Management, Cognitive Thinking, Anxiety, Co-Occurring Illnesses, and referrals are made to the Psychiatric Social Workers.

Lillian Sardina, MS, CSAC Armor Correctional Health Services, Inc. House of Correcton May 6, 2014