



**Milwaukee Mental Health Task Force**  
**Our Future Starts Now: Healing, Hope and Resilience**  
 September 11<sup>th</sup>, 2018  
**Evaluation Summary**

**\*56 evaluations submitted**

**Affiliations (optional):**

- APC (2)
- BHC/MHTI
- C4K/CHW (2)
- CHW (2)
- Guest House
- Hancock Center for DMT
- Molina Healthcare
- Mt. Mary University (2)
- Pathfinders
- Shore Clinic
- WHCG

**I attend Mental Health Task Force meetings:** 14 (26%) **often**; 17 (32%) **sometimes**; 22 (42%) **never**

**My perspective includes:** 34 (61%) **service provider**; 10 (18%) **peer**; 20 (36%) **advocate**;  
 10 (18%) **family member**; 15 **educator** 10 **other** (CCS Care Coordinator, counseling graduate intern, student (4), resource provider, clergy, public policy, researcher)

	Low				High	Average
<b>Seven Essential Ingredients (7ei) of Trauma Informed Care – Michael Joranger, LCSW</b>						
<b>How would you rate Michael’s knowledge of the topic?</b>	1	2	3	4	5	
	0 (0%)	0 (0%)	1 (2%)	4 (7%)	5 (91%)	4.85
<b>How likely are you to make changes based on what you heard from his presentation?</b>	1	2	3	4	5	
	2 (4%)	1 (2%)	2 (4%)	19 (35%)	30 (56%)	4.37
<b>Voices of Youth</b>						
<b>How likely are you to make changes based on what you heard from this presentation?</b>	1	2	3	4	5	
	2 (4%)	0 (0%)	2 (4%)	15 (31%)	29 (60%)	4.44
<b>Epigenetics, Trauma, &amp; Resilience: Moving from Understanding to Healing – Tammy H. Scheidegger, Ph.D., LPC, NCC</b>						
<b>How would you rate Tammy’s knowledge of the topic?</b>	1	2	3	4	5	
	0 (0%)	0 (0%)	2 (4%)	6 (11%)	46 (85%)	4.83
<b>How likely are you to make changes based on what you heard from her presentation?</b>	1	2	3	4	5	



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	Low				High	Average
	0 (0%)	2 (4%)	6 (11%)	21 (39%)	25 (46%)	4.28

**Resilience - Healing Hearts: Post Traumatic Stress Disorder - Mary Neubauer, CPS**

How would you rate Mary's knowledge of the topic?	1	2	3	4	5	
	0 (0%)	1 (2%)	5 (9%)	14 (25%)	35 (64%)	4.49

How likely are you to make changes based on what you heard from her presentation?	1	2	3	4	5	
	1 (2%)	3 (5%)	12 (22%)	18 (33%)	21 (38%)	4.00

***Our Future Starts Now: Healing, Hope and Resilience Forum as a Whole***

How likely are you to make changes based on your experience in this forum as a whole?	1	2	3	4	5	
	1 (2%)	0 (0%)	3 (6%)	19 (37%)	28 (55%)	4.43

How likely are you to recommend future MMHTF presentations to someone else?	1	2	3	4	5	
	0 (0%)	0 (0%)	1 (2%)	15 (29%)	35 (69%)	4.67

**What do you intend to do as a result of this forum?**

Look up and use the ?RS continue to repeat information that will help my clients & others recall the signs of compassion fatigue
use this at work
Share the information that I have learned with my family and friends
More awareness of trauma affecting development Awareness of resources in the community
I will incorporate the new knowledge I learned today into my & my organization's TIC journey. Every presentation elevates my awareness from different perspectives
Continue to learn more about trauma informed healing and incorporate this training into my daily practice.
Take what I learned and put it into action for my clients. To be aware of people who may need more healing than others
Include more information from those impacted directly into my classes
Talk to my team and review TIC and ways to create a more healing environment for our youth Consider including ACE survey



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increase community connection advocate more for TIC & TIH bring considerations & knowledge into individual counseling sessions
Remain available for more trainings
Continue to be an advocate
Continue the conversation & combine efforts (SWIM & Office of Violence Prevention)
I really learned a lot about ACE & Trauma Informed
Continue to learn & start incorporating into future practice
practice from a trauma-informed healing perspective
more deep breathing - teach to others Promote "talking it out", openness, kindness
Share with others and incorporate what I find useful for me
Help my youth
Look at the "we" Kind acts given regularly
Be more understanding
The discussion
Bring that knowledge and education to share with future clients. Utilize that knowledge to also understand my current clients better.
I will evaluate behavior differently
Seek to understand not to be understood to the youth served
Learn more about trauma informed care
Learn more about TIC and effects on community healing and social justice movements
Continue to advocate for children in care by providing psychoeducation to caregivers using present-day, real time examples to begin to shift perspectives regarding the learning of behavior
SWIM
share the information (and materials) gathered today with my colleagues, particularly with those that have direct interactions with our members/community we serve.
Be more aware of reasoning of certain behaviors within others/myself
Gather information for programmatic directions
incorporate new materials/techniques in my work
Everything I have learned is very good tech. I can use in both my jobs.
Apply some learned knowledge...
share information with co-workers
What really resonated with me was the importance of environment and particularly social connection. How do we build solid structures that support those who support people dealing with mental health and substance abuse challenges
Remain open to many ways of promoting healing, restoring hope and building resilience



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**What would you like to see in future MMHTF meetings or forums?**

It was good, no need to change
African American presenters
Information about follow up resources, programs & outcomes with trauma
More info/coursework on specific behavior and professionals responses to those behaviors during classroom educational setting and therapeutic (OT, PT, ST) settings.
African American speaker who are dealing with trauma and mental health issues, those who are resilient.
Deeper dive into treatment strategies
A presentation on RAD as it plays out in adolescents and effective interventions
specific technique training/modeling on trauma healing
10 minute breaks on the hour
More educational More stories of resilience
Alfonso Watkins - afro psychological community trauma perspective
-Presentations on Trauma Informed resources & information -Youth issues
Very fun & informative - Thank You!
more social justice discussions/multiculturalism
More stories
-more promotion of events and meetings -invite students!
maybe effective therapy trends for the area
I would like to see an alliance among task forces of surrounding counties. The program I work for serves Milwaukee, Ozaukee, Washington, Racine, Kenosha, and often clients will migrate across county lines. I would be interested in learning/working to create supports between counties that allow for caring for individuals with as seamless as possible; in essence, creating bridges
CBT Talks for the community
Cultural context - how do we take this wonderful information into the communities we serve (i.e. immigrant population, Spanish/Burmese/Hmong speaking, etc.)
Lunch :) More movement
more of this/open forums
More stress reducing methods
Need more programming in transgenerational trauma how does societal structures that contribute to ongoing trauma - poverty, incarceration, lack of good nutritious food, lack of jobs paying livable wages, racism, sexism, homophobia
Building paths to recovery and flourishing

**Contact information if you would like to be contacted regarding SWIM:**

6 people provided their contact information

**Contact information if you would like to be included in the Milwaukee Mental Health Task Force emails:**

5 people provided their contact information